



Conference Location

The conference will be held at The Buttes, 2000 Westcourt Way, Tempe, AZ 85282. For information or accommodations call 602-225-9000 or toll free at 1-888-867-7492 and ask for the AZ Psychiatric Society group rate of \$179.00 per night. Reservations may also be made online at : <http://cwp.marriott.com/phxtm/azpsychiatric/>. Rooms will be available to secure by calling and online until the cutoff date of March 10th.

Arizona Psychiatric Society's Officers

Gretchen B. Alexander, MD: *President*
Tariq M. Ghafoor, MD: *President-Elect*
Joanna K. Kowalik, MD, MPH: *Vice President*
Emerson B. Bueno, MD, FAPA: *Secretary*
Payam M. Sadr, MD: *Treasurer*
Michael E. Brennan, MD, DFAPA: *Past President*

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Sponsorship of The American Psychiatric Association and The Arizona Psychiatric Society. The American Psychiatric Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychiatric Association designates this live activity for a maximum of **8.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Needs Assessment

The Meeting Planning Committee selected these topics after careful review of evaluations from previous meetings, requests from Society members, and results of the Needs Assessment Survey.

Educational Objectives

Following this activity, participants will be able to:

Margo Thienemann, M.D.

- Recognize the prevalence, presentations, and impacts of anxiety disorders in children and adolescents.
- Apply skills to effectively identify and treat child and adolescent anxiety disorders.

Murray B. Stein, M.D., M.P.H., F.R.C.P.C.

- Apply state-of-the-art pharmacotherapeutic approaches to treating the most common of the anxiety disorders
- Evaluate practical cognitive-behavioral techniques for incorporation into a psychopharmacological practice.

Dean Wright, RPh

- Describe the prevalence, roles, and limitations of Controlled Substance Monitoring programs.
- Explain how to gain access to and relate general information about the Arizona Controlled Substances Prescription Monitoring Program (AZ CSPMP).

Gretchen Alexander, M.D./Joseph F. Abate, Esq.

- Summarize the key legislative issues affecting the practice of psychiatry and other physicians.
- Identify legislative issues on the horizon and effective ways in which to become involved at a grassroots level.

Laura Nelson, M.D.

- Describe the status of the fiscal year 2012 behavioral health budget in Arizona and what to expect in fiscal year 2013 and beyond.
- Identify Arizona's efforts to integrate physical health and behavioral health services for adults with serious mental illness.

Jeremy A. Lazarus, M.D.

- Examine the medical home model and apply its principles in treating mental illness and integrate those principles into the broader fabric of the medical community.
- Identify the barriers towards creating a mental health home model.
- Discuss the development of ACOs and recognize how to participate in policy development relating to ACOs.

Thomas D. Geraciotti, Jr., M.D.

- Recognize the clinical relevance of thyroid hormone to the day-to-day clinical practice of psychiatry.
- Assess the symptoms and variable psychiatric presentations of hypo- and hyper-thyroidism in anxiety, mood, and psychotic syndromes.
- Integrate an increased knowledge of the biochemical work-up of the hypothalamic-pituitary-thyroid axis and the use of thyroid hormone in clinical practice of psychiatry.

Jerome A. Lerner, M.D.

- Differentiate between the concepts of chronic versus complicated pain.
- Identify the perpetuating factors that interfere with the natural resolution of pain.
- Describe effective treatment strategies for each of the identified perpetuating factors.
- Identify the options and risks of treating dual diagnoses of pain and substance abuse.

Clinical Challenges in the Medicine/Psychiatry Interface

Jointly Sponsored by

**THE AMERICAN
PSYCHIATRIC ASSOCIATION**

and

**THE ARIZONA
PSYCHIATRIC SOCIETY**

in conjunction with

**THE ARIZONA CHAPTER OF
THE ACADEMY OF CHILD AND
ADOLESCENT PSYCHIATRY**



March 31, 2012

**The Buttes
Tempe, AZ
2000 Westcourt Way
Tempe, AZ 85282
Phone: 602-225-9000**

Guest Faculty

Margo Thienemann, M.D.

Private Practice, Child, Adolescent and Adult Psychiatry
Associate Professor of Psychiatry, Adjunct Faculty, Stanford University School of Medicine

Murray B. Stein, M.D., M.P.H., F.R.C.P.C.

Professor, University of California San Diego, Department of Psychiatry
Professor, UCSD, Dept. of Family and Preventive Medicine
Director, UCSD Anxiety & Traumatic Stress Disorders Research Program
Director, Injury and Traumatic Stress (INTRuST) Clinical Consortium

Dean Wright, RPh

Controlled Substances Monitoring Program Director
Arizona Pharmacy Board

Laura Nelson, M.D.

Deputy Director, Arizona Div. of Behavioral Health Services
Chief Medical Officer, Arizona Dept. of Health Services
President, Nat'l Association of State Mental Health Program Directors

Jeremy A. Lazarus, M.D.

President-Elect, American Medical Association
Distinguished Fellow, American Psychiatric Association
Clinical Professor of Psychiatry, University of Colorado Denver School of Medicine

Thomas D. Geraciotti, Jr., M.D.

Professor of Psychiatry and Behavioral Neurosciences
and Director, Psychoneuroendocrinology Program
University of Cincinnati College of Medicine

Jerome A. Lerner, M.D.

Chief of Pain Medicine, Sierra Tucson Hospital
Clinical Instructor, Department of Physical Medicine and Rehabilitation, Medical College of Wisconsin

Meeting Planning Committee

Gretchen B. Alexander, MD
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Joanna K. Kowalik, MD, MPH
Emerson B. Bueno, MD, FAPA
Payam M. Sadr, MD
Michael E. Brennan, MD, DFAPA
Amie E. Kafer, DO
Teri Harnisch

Conference Schedule

FRIDAY NIGHT RECEPTION 6:30 – 8:30

7:00 TO 7:50 a.m.	<i>Registration, Continental Breakfast</i>
7:50 to 8:00 a.m.	<i>Welcome and Opening Remarks</i>
8:00 to 9:00 a.m.	<i>Anxiety in Children</i> Margo Thienemann, M.D.
9:00 to 9:15 a.m.	Q&A with Dr. Thienemann
9:15 to 9:30 a.m.	Coffee Break
9:30 to 10:30 a.m.	<i>Attacking Anxiety</i> Murray B. Stein, M.D., M.P.H.
10:30 to 10:45 a.m.	Q&A with Dr. Stein
10:45 to 11:45 a.m.	<i>Controlled Substances Prescription Monitoring Program</i> Dean Wright, RPh
11:45 to 12:00 Noon	Q&A with Mr. Wright
12:00 to 12:30 p.m.	<i>Lunch and Business Meeting</i>
12:30 to 1:00 p.m.	<i>Legislative Update</i> Gretchen Alexander, M.D. and Joseph F. Abate, Esq.
1:00 to 1:30 p.m.	<i>The State of Behavioral Health in Arizona: Recovery from a Budget Crisis While Facing Health Care Reform</i> Laura Nelson, M.D.
1:30 to 2:30 p.m.	<i>The Medical Home Model and a Broader Integration with our Medical Roots</i> Jeremy A. Lazarus, M.D.
2:30 to 2:45 p.m.	Q&A with Dr. Lazarus
2:45 to 3:00 p.m.	Afternoon Break
3:00 to 4:00 p.m.	<i>Management of Medically Complex Psychiatric Psychoendocrinology</i> Thomas D. Geraciotti, Jr., M.D.
4:00 to 4:15 p.m.	Q&A with Dr. Geraciotti
4:15 to 5:15 p.m.	<i>Dueling Diagnoses: "Complicated Pain" and Substance Use Disorders</i> Jerome A. Lerner, M.D.
5:15 to 5:30 P.M.	Q&A with Dr. Lerner

Registration Form

Arizona Psychiatric Society 2012 Spring Conference March 31, 2012

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

APS Member **FREE** _____
Spouse \$68.00 _____

AACAP Member
(Dr. Thienemann's lecture **only**) **FREE** _____

AACAP Member (full day) \$150.00 _____
ArMA Member \$150.00 _____
Out of State APA Member \$150.00 _____

Non-member Physician \$295.00 _____

Other Practitioner \$295.00 _____

Resident / Medical Student **FREE** _____

If payment is required, make check payable to
The Arizona Psychiatric Society and send to:

Arizona Psychiatric Society
810 W. Bethany Home Rd.
Phoenix, AZ 85013

Otherwise, complete and fax to Teri Harnisch at 602-242-2515, or email teri@azmedassn.org. Questions? Call Teri at 602-347-6903.