

Conference Location

The conference will be held at the Phoenix Tempe Marriott at The Buttes, 2000 West Westcourt Way, Tempe, Arizona 85282. **Marriott at The Buttes is offering a group rate of \$149 plus tax while room availability lasts.** To book now, visit the reservation link at <http://bit.ly/2mxHVNR> or call the Marriott at The Buttes Group Rates Reservations (Sandy at 602.431.2392) Valet event parking is available (\$5); overnight parking (\$10). Self-parking for the day is complimentary.

Arizona Psychiatric Society Officers

Gurjot Reena Marwah, MD, President
Aaron R. Wilson, MD, President-Elect
Mona Amini, MD, MBA, FAPA, Vice President
Don J. Fowls, MD, FAPA, Treasurer
Jasleen Chhatwal, MD, Secretary
Joanna K. Kowalik, MD, MPH, FAPA, Past President
Roland Segal, MD, FAPA, Past President
Payam M. Sadr, MD, FAPA, Past President
and APA Assembly Representative
Wanda Shao, DO, and Brandon Yates, MD,
Resident-Fellow Member Co-Representatives

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Arizona Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The American Psychiatric Association designates this live activity for a maximum of **7.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Needs Assessment

The Meeting Planning Committee selected these topics after careful review of evaluations and suggestions from previous meetings, requests from Society members, and review of current literature.

Educational Objectives

Following this activity, participants will be able to:

Melanie S. Harned, PhD, ABPP (Talk 1)

- Differentiate the DBT treatment targets and how to structure treatment for individuals at high risk for suicide.
- Identify the core strategies used in DBT, including problem-solving and validation.

Melanie S. Harned, PhD, ABPP (Talk 2)

- Differentiate the rationale for integrating PTSD treatment into Dialectical Behavior Therapy.
- Identify the basic structure and procedures of the DBT Prolonged Exposure protocol.

David Shprecher, DO, Msci

- Identify basic semiology and diagnostic criteria for pediatric movement disorders that are commonly seen in psychiatric practice.

- Discuss key management considerations for pediatric movement disorders.

- Explain when to consider referral of pediatric movement disorder patients.

Joseph F. Abate, Esq. and Representative Heather Carter

- Summarize the key legislative issues affecting the practice of psychiatry and other physicians.
- Distinguish the importance of physician involvement in the development of laws and regulations that impact the practice of psychiatry and mental health parity and effective ways in which to become involved.

Katharine N. Woods, MD

- Distinguish the procedures, practice, and current theories of the mechanisms of both ECT and rTMS.
- Identify the indicated and currently recognized uses of each modality, as well as the potentials for their use in the future.

- Differentiate the appropriate application of each treatment modality, with a focus on patient selection for optimal outcomes.

Sheldon H. Preskorn, MD (Parts 1 and 2)

- Improved understanding of the rational combination of medications and other therapeutic modalities based on the known neurobiology underlying specific illnesses or behavioral dysfunctions.
- Better ability to document and explain from a neurobiological perspective the rationale underlying the treatment plan for patients, their families, insurers, and quality assurance monitoring.
- Improved ability to understand the development of central nervous system drug with novel mechanism of action thus facilitating their incorporation into clinical practice.



Jointly Provided
by
**THE AMERICAN
PSYCHIATRIC
ASSOCIATION**

and
**THE ARIZONA
PSYCHIATRIC
SOCIETY**



in conjunction with

**THE ARIZONA CHAPTER OF THE
ACADEMY OF CHILD AND
ADOLESCENT PSYCHIATRY**



**May 6, 2017
ANNUAL MEETING
Phoenix Tempe Marriott at The Buttes
2000 West Westcourt Way
Tempe, Arizona 85282
Phone: 602-225-9000**

Guest Faculty

Melanie S. Harned, PhD, ABPP

Director of Research, Behavior Research and Therapy Clinics
Director of Research and Development, Behavior Tech, LLC
Research Scientist

David Shprecher, DO, Msci

Movement Disorders Director
Banner Sun Health Research Institute

Joseph F. Abate, Esq.

Peters, Cannata & Moody, PLC (Of Counsel), APS Lobbyist

Representative Heather Carter

Arizona Representative; Chairperson of the House Health Committee; Member, House Appropriations Committee; Vice-Chair, House Appropriations Subcommittee on Education

Katharine N. Woods, MD

Assistant Professor, Psychiatry, University of Arizona College of Medicine

Sheldon H. Preskorn, MD

Professor of Psychiatry, Kansas University School of Medicine – Wichita; President and CEO, Clinical Research Institute

Meeting Planning Committee

Gretchen Alexander, MD
Mona Amini, MD, MBA, FAPA
Michael Brennan, MD, DLFAPA
Tariq Ghafoor, MD
Amie Kafer, DO
Joanna Kowalik, MD, MPH, FAPA
Gurjot Reena Marwah, MD, Chair
Payam Sadr, MD, FAPA
Kathy W. Smith, MD
Ole Thienhaus, MD, DLFAPA
Wendy J. Watson, MD
Teri Harnisch, Staff

Conference Schedule

FRIDAY SOCIAL RECEPTION 6:30–8:30 pm

SATURDAY PROGRAM:

7:00 TO 7:50 am - **Registration, Continental Breakfast**
7:30 TO 7:45 am - **Physician Peer Poster Preview**
7:50 to 8:00 am - **Welcome and Opening Remarks**
8:00 to 9:00 am - **The Art and Science of Dialectical Behavior Therapy (DBT)** - Melanie S. Harned, PhD, ABPP
9:00 – 9:15 am - Q & A with Dr. Harned
9:15 – 9:35 am - **Break / Visit Exhibitors / Physician Peer Poster Viewing/RFM and Medical Student Poster Preview**
9:35 – 10:35 am - **Treating PTSD During DBT**
Melanie S. Harned, PhD, ABPP
10:35 – 10:50 am - Q & A with Dr. Harned
10:50 – 11:50 am - **Overview of Pediatric Movement Disorders** - David Shprecher, DO, Msci
11:50 – 12:05 pm - Q & A with Dr. Shprecher
12:05 – 12:45 pm - **Lunch**
AACAP Business Meeting
Visit Exhibitors / View Posters
12:45 – 1:20 pm - **APS Business Meeting and Awards**
1:20 – 1:35 pm - **Legislative Update**
Joseph F. Abate, Esq.
1:35 – 1:50 pm - **Physician Engagement in the Legislative Process**
Arizona Representative Heather Carter
1:50 – 2:35 pm - **Neurotherapeutics: rTMS and ECT**
Katharine N. Woods, MD
2:35 – 2:50 - Q&A with Dr. Woods
2:50 - 3:10 - **Break / Visit Exhibitors / RFM and Medical Student Poster Judging**
3:10 – 4:10 pm - **The Organ of the Self: Neurobiology and Psychiatry (Part 1)**
Sheldon H. Preskorn, MD
4:10 – 4:25 - Q&A with Dr. Preskorn
4:25 – 4:35 - **Break / Poster Awards**
4:25 – 5:25 pm - **The Organ of the Self: Neurobiology and Psychiatry (Part 2)**
Sheldon H. Preskorn, MD
5:40 – 5:50 - Q&A with Dr. Preskorn
5:50 - Adjournment

Registration Form

Arizona Psychiatric Society
2017 Annual Meeting – May 6, 2017

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

APS Member **FREE** _____

Spouse \$125.00 _____

APS Permanent Inactive \$125.00 _____

AACAP or ArMA Member \$150.00 _____

Out of State APA Member \$150.00 _____

Non-member Physician \$275.00 _____

Other Practitioner \$275.00 _____

Resident / Medical Student **FREE** _____

Please check here to also register for the Friday, May 5, Social Reception _____

Help us save costs and the planet and download the presentations.

Check here if you want paper print-outs _____ (\$20 photocopy charge will be collected on site from free registrations; collected with prepayment on all other orders).

REGISTER TODAY:

Online: <https://aps-annual2017.eventbrite.com>

FAX to Teri Harnisch 602-242-6283, or E-MAIL

teri@azmed.org. BY REGULAR MAIL, Please make check payable to: Arizona Psychiatric Society, 810 W. Bethany Home Rd., Phoenix, AZ 85013. Payment may be made by VISA, MC, Amex, or Discover. **To authorize, please complete the following:**

PRINT NAME: _____

SIGN NAME: _____

BILLING ZIP CODE: _____

CARD NUMBER: _____

EXP.: _____ CVV SEC No. _____

Questions? Call Teri at 602-347-6903.