Join us for the Arizona Psychiatric Society Annual Meeting - April 27-28, 2019, “Psychiatric Update 2019.” The timely Saturday Agenda includes updates on topics currently relevant to psychiatry, such as latest developments in psychopharmacology, the use of technology to benefit treatment and work-life balance, considerations in telepsychiatry, addressing learning disorders over the lifespan, legislative update for the State of Arizona and APA advocacy update, and a Steven Pitt, DO Commemorative Forensic Lecture on Physician Safety. The meeting also offers peer physician and resident and medical student poster presentation opportunities and includes a social and networking reception at the conclusion of the education day on Saturday, April 27, 2019. Included as part of the registration for the 2019 Annual Meeting is also the opportunity to attend a separately accredited educational session on Sunday, April 28, 2019 designed to satisfy the State of Arizona continuing medical education requirement for opioid education (see the Rockpointe flyer for detailed information)*.

Guest Faculty: Melissa Spanggaard, DO, FAPA, and Tyler Dowling, DO; Kytja Voeller, MD; Joseph F. Abate, Esq., and Timothy Miller; Steven Chan, MD MBA; Peter Yellowlees MBBS, MD; and Rakesh Jain, MD, MPH.

Conference Location: The conference will be held at the Hilton Scottsdale Resort & Villas, 6333 North Scottsdale Road, Scottsdale, Arizona, 480-948-7750. Please use this [ONLINE BOOKING LINK](#) to receive the courtesy annual meeting rate of $179 per night (while room availability lasts). Valet parking is available (fee applies); self-parking is free. (Daily Resort Charge will be added to the room rate and includes: Internet access; two bottled waters; valet parking; daily fitness class; dessert with restaurant entrée purchase; $10 off golf; $15 off spa; $15 off activities; $15 off Fleming's Steakhouse with $100 purchase; local/toll-free calls).

Arizona Psychiatric Society 2019 Annual Meeting Planning Committee Members: Mona Amini, MD, MBA, FAPA, Planning Committee Chair; Gretchen Alexander, MD, FAPA; Jasleen Chhatwal, MD, FAPA; Maya Heck, MD; Amie Kafer, DO; Joanna Kowalik, MD, MPH, FAPA; Gurjot Marwah, MD, FAPA; Payam M. Sadr, MD, DFAPA; Noshene Ranjbar, MD; Ole Thienhaus, MD, DLFAPA; Kenneth Zwier, MD; and Teri Harnisch (Staff).

TARGET AUDIENCE: This program is targeted to Psychiatrists.

*Sunday, April 28, 2019 Rockpointe Opioid Education Session is separately accredited (see Rockpointe flyer for additional information on accreditation, opioid education content, and content available for ABIM maintenance of certification reporting). No additional fees apply, but registration for the Arizona Psychiatric Society 2019 Annual Meeting is required.
CONFERENCE SCHEDULE – SATURDAY, APRIL 27, 2019 PROGRAM
8:00 to 8:50 am - Continental Breakfast
8:10 to 8:50 am - Physician Peer Poster Preview; RFM Poster Presentation
8:50 to 9:00 am - Welcome and Opening Remarks
Mona Amini, MD, MBA, FAPA, President, Arizona Psychiatric Society
9:00 to 10:00 am - Steven Pitt, DO Commemorative Lecture: Physician Safety
Melissa Spanggaard, DO, FAPA, Director of the Division of Forensic Psychiatry; Director, Forensic Psychiatry Fellowship; Assistant Professor of Psychiatry, University of Arizona College of Medicine- Tucson
Tyler Dowling, DO, Forensic Psychiatry Fellow, University of Arizona College of Medicine – Tucson
10:00 - 10:15 am - Q & A with Drs. Spanggaard and Dowling
10:15 – 10:35 am - Break / Visit Exhibitors / Physician Peer Poster Voting / RFM and Medical Student Poster Display
10:35 – 11:35 am - AACAP Lecture: Learning Disorders over the Lifespan
Kytra Voeller, MD, Director, Western Institute of Neurodevelopmental Studies and Interventions (WINSi)
11:35 – 11:50 am - Q & A with Dr. Voeller
11:50 – 12:20 pm - Legislative Update
Joseph F. Abate, Esq., Peters, Cannata & Moody, PLC (Of Counsel); Arizona Psychiatric Society Lobbyist
Timothy Miller, Regional Director, State Government Affairs (West), American Psychiatric Association
12:20 – 1:30 pm – Lunch / Visit Exhibitors / Review Posters / AACAP Business Meeting
12:50 – 1:30 pm - APS Business Meeting and Awards
1:30 – 2:15 pm - Boost Your Mental Health Practice with Technology
Steven Chan, MD MBA, Physician, Palo Alto VA Health, Psychiatry, Addiction Treatment Service; Affiliate Co-investigator, UC Davis Psychiatry, Asynchronous Telepsychiatry Lab; Affiliate Co-investigator, UCSF, Accelerated Digital Clinical Ecosystem Project
2:15 – 2:30 pm - Q & A with Dr. Chan
2:30 – 3:15 pm - How the Sensible Use of Technologies Such as Telemedicine Could Actually Reduce Physician Burnout and Improve Wellbeing
Peter Yellowlees MBBS, MD, Chief Wellness Officer UCD Health; Professor of Psychiatry, and Vice Chair for Faculty Development; Past President, American Telemedicine Association; Department of Psychiatry, UC Davis
3:15 – 3:30 pm - Q & A with Dr. Yellowlees
3:30 – 3:50 pm - Break / Visit Exhibitors / Poster Awards Announced
3:50 – 4:50 pm - Glorious Glutamate: An Update for Today’s and Tomorrow’s Psychopharmacologist
Rakesh Jain, MD, MPH, Clinical Professor, Department of Psychiatry Texas Tech Health Sciences Center; School of Medicine Midland, Texas; Private Practice, Austin, Texas
4:50 – 5:05 pm - Q & A with Dr. Jain
5:15 to 6:45 pm - Annual Meeting Social Reception (Please RSVP)
SUNDAY, APRIL 28, 2019 (ROCKPOINTE OPIOID EDUCATION SESSION)*
8:30 to 8:50 am – Registration
9:00 to 10:30 am – Opioid Education Opening Session
10:30 to 10:45 am – Break
10:45 am to 12:15 pm – Opioid Education Concludes

ACREDITATION
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Arizona Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION
The American Psychiatric Association designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.