



Opioid Essentials: Medication Assisted Treatment and Coordination of Care

Session 1

Saturday, January 20, 2018

**University of Arizona College of Medicine, Phoenix Campus
Health Sciences Education Building, Lecture Room B102
435 North Fifth Street, Phoenix, Arizona**

**Flagstaff Medical Center
McGee Auditorium
1200 North Beaver Avenue
Flagstaff, Arizona**

**University of Arizona College of
Medicine, Tucson
1501 North Campbell Ave., Room 3230
Tucson, Arizona**

**Jointly Provided by American Psychiatric Association
and the Arizona Psychiatric Society
in conjunction with
Arizona Society of Addiction Medicine**

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“Opioid Essentials: Medication Assisted Treatment and Coordination of Care Session 1”

January 20, 2018

AGENDA

Agenda Item	Faculty	Time
<i>Welcome and Introduction</i>	James B. McLoone, MD, DLFAPA, Professor and Chair of Department of Psychiatry, University of Arizona College of Medicine – Phoenix Monica G. Faria, MD, President, Arizona Society of Addiction Medicine (AzSAM); Medical Director, Arizona Physician's Health Program, and Conference Moderator	7:50 to 8:00 am
Current State of the Opioid Crisis in Arizona	Shana Malone, MS Clinical Initiatives Project Manager, Arizona Healthcare Cost Containment System (AHCCCS) – Office of the Director	8:00 to 9:00 am
Opioid Crisis: Identifying My Role as a Community Provider	Simon Olstein, MD, FASAM Medical Director, Scottsdale Treatment, Inc. and Secretary of the Board of Directors, AzSAM	9:00 to 10:00 am
<i>Morning Break</i>		10:00 to 10:15 am
Opioids in Arizona – Approaches to Treatment	Leonard F. Ditmanson, MD, FACP Medical Director, 5th Street Clinic, MAT Medical Director, ConnectionsAZ, Tucson, Arizona	10:15 to 11:15 am
Panel: Interdisciplinary Issues in Coordination of and Transitioning Levels of Care (Case Study with Perinatal Considerations (see below))	Panel Members: Monica G. Faria, MD, Facilitator Michael Dekker, DO, Addiction Psychiatrist	11:15 am to 12:15 pm

Agenda Item	Faculty	Time
	Christopher Luke Peterson, DO, Family Medicine, Banner Health	
	Maria Manriquez, MD, FACOG, Interim Associate Dean, Clinical Curriculum Professor, Department of Obstetrics and Gynecology Director, Pathway Scholars Program, University of Arizona College of Medicine, Phoenix	
	Elena Volfson, MD, Addiction Psychiatrist, Mayo Clinic Arizona	
	Case Study Developed by: Edwin Kim, MD, Psychiatric Resident, Maricopa Integrated Health System	
Thank you and Conclusion Session 1	Aaron Wilson, MD, President, Arizona Psychiatric Society	12:15 pm
Networking Box Lunch	Advance Registration Required	12:15 to 1:00 pm

**Session 2: Live Waiver Training
(Separately Accredited) (See Live Waiver Training Document for Complete Information)**

Live Waiver Training	Carlos Carrera MD, Anthony Dekker DO, Monica Faria MD, Anita Karnik MD, Show Lin MD, Luke Peterson DO	1:00 to 5:15 pm
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CASE STUDY FOR PANEL DISCUSSION

Prepared by Edwin Kim, MD, PGY-4, Maricopa Integrated Health System, Inc.

A 33 year-old Caucasian G2P0010 female with opioid use disorder and history of peripartum depression presents to your (Primary Care Practice) clinic motivated to seek treatment for ongoing oxycodone and occasional heroin abuse. She denies childhood illness and chronic medical illness. She did have miscarriage of her first pregnancy at age 19. She denies medical illness or surgical history. She did experience depression for over one year after her miscarriage. She experienced some relief from sertraline (unknown dosage) which was prescribed after her depression progressed to strong thoughts of not finding life worth living. She denies suicide attempt, attempt to self-harm and psychiatric hospitalization. While pursuing her associates degree, she worked several side jobs before becoming a

legal assistant. During that time, she suffered a back injury which she "self-medicated" with marijuana. She possessed a medical marijuana card which she ultimately gave up after trying her boyfriend's opioid pain medication, oxycodone. She feels the opioids also help her feel less depressed. Today, she expresses her desire to have a safe pregnancy but is worried about possibly losing custody of her child and is willing to seek treatment as long as she can maintain custody. Her boyfriend, who chronically uses opioid pain medication, has not been supportive of her current pregnancy. She has minimal support as her family and relatives live primarily out of state. She denies alcohol use since age 25. She quit smoking cigarettes as soon as she discovered she was pregnant. Her concerns today include maintaining her pregnancy, maintaining her own health, and a fear of her depression returning.

SESSION 1: 4.0 HOURS

GENERAL LEARNING OBJECTIVES

At the conclusion, the attendee should be able to:

1. Discuss current epidemiological data reflecting the extent of the Opioid Use Crisis in AZ.
2. Recognize factors relating to diagnosis, referral to treatment, and management of Opioid Use Disorder as a chronic medical illness.
3. Identify treatment guidelines for Opioid Use Disorder, including Medication Assisted Treatment and psychosocial components.
4. Describe clinically appropriate settings for buprenorphine induction.
5. Employ best courses of treatment, resources, or referral of care in common scenarios requiring multidisciplinary collaboration, including acute pain management for patients on medication assisted treatment of Opioid Use Disorder.

Faculty Disclosures

Neither Ms. Mallone, Drs. Dekker, Faria, Kim, Manriquez, Peterson, or Volfson, nor his/her spouse/partner has any financial relationships with commercial interest, and they will not discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during their presentation at this educational activity. Dr. Olstein has disclosed that he or his spouse/partner has a relevant financial relationship through serving as a member of MedComp Sciences speakers bureau providing presentations on the science and clinical applications of pharmacogenetics within the last twelve months and that if he plans to discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during his presentation(s), he will disclose this off-label use during his presentation. Dr. Ditmanson has disclosed that neither he or his spouse/partner has any financial relationship with commercial interest, and that if he plans to discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during his presentation(s), he will disclose this off-label use during his presentation.

Opioid Education Planning Committee

Aaron Wilson, MD, Planning Committee Chair

Gretchen Alexander, MD

Jacob DeMenna, MD

Monica G. Faria, MD

Maya Heck, MD

Edwin P. Kim, MD

Jack Marsh, DO

James B. McLoone, MD, DLFAPA

Teri Harnisch (APS Staff)

Planning Committee Disclosures

Neither Drs. Wilson, Alexander, DeMenna, Faria, Heck, Kim, Marsh, or McLoone and Mrs. Harnisch, nor his/her spouse/partner, has any financial relationships with commercial interest, and they will disclose any conflict of interest that may arise during the planning of CME activities and recuse themselves from any discussions where a potential bias could exist.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Arizona Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION

The APA designates this live activity for a maximum of *4.0 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

TARGET AUDIENCE

This educational activity is intended for psychiatrists and primary care and family care physicians. All mental health professionals and general health professionals are welcome, including students and residents.

EVALUATION AND CME CERTIFICATE

OR CERTIFICATE OF PARTICIPATION

At the conclusion of the conference, physician participants will be provided with an opportunity to claim hours of participation and receive an official CME certificate by completing the online CME conference evaluation pursuant to the following steps:

1. Go to <http://apapsy.ch/phoenix>
2. Log in with your APA username and password or create a new account.
3. After reviewing the CE information, enter the Group ID **AZ181** on the Purchase page and click "Submit" to proceed to the evaluation and certificate. Select "AMA PRA Category 1 Physician" as your certificate type.

You must claim your CME credit by March 20, 2018.

For customer support, please email apalms@psych.org.

Non-physician participants will have the opportunity to receive a certificate of attendance. At the conclusion of the conference, non-physician participants should complete the online conference evaluation at <http://apapsy.ch/phoenix> in order to print a certificate of attendance. Follow the instructions above, but select "Certificate of Participation" as your certificate type.

Regarding the login, APA members who are not certain about their login info can call APA Customer Service at 1-888-357-7924 to retrieve their user name and password. Participants who have not previously established an account can create one by clicking the "Create New Account" button on the Activity Preview page (the page that opens when you click on the link above). You do not have to be an APA member to establish an account.

Please note that the APA Learning Management System will not award CME credit for the online activity after the expiration date (March 20, 2018). If you claim a certificate online before the activity expires, you can always print a new copy, even after the expiration date passes. But if you do not claim the CME credit before March 20, 2018, there is no mechanism to generate the certificate.

For any additional questions or feedback regarding the Opioid Essentials workshop, please contact Teri (teri@azmed.org, 602-347-6903).

GUEST WI-FI FOR MEETING ATTENDEES

PHOENIX

Guest Wi-Fi is available from the University of Arizona College of Medicine Phoenix. Please note this is a public access network. Log-on instructions are as follows:

1. Select **UAGuest** from your wireless options. Open a web browser if one does not automatically open for you.
2. The **Welcome UAGuest** webpage will appear. **Click on Create an Account** at the bottom of the webpage. If the welcome screen does not show, navigate to another webpage to trigger the welcome webpage.
3. Enter your name and cell phone number (with hyphens, e.g., XXX-XXX-XXXX), then click **Register**.
4. A message will appear indicating a text message was sent to the cell phone number provided.
5. You will receive a text message containing your **assigned username and password valid for 5 days**.
6. **Enter your assigned username and password** on the **Welcome UAGuest** webpage and click **Sign on**.
7. Read the Acceptable Use Policy and click **Accept**. *You will now have access to UAGuest wireless internet.*

FLAGSTAFF

Guest Wi-Fi is available from Flagstaff Medical Center. Select FMC Guest network. No password is required.

TUCSON

UAGuest is a wireless network available to visitors of the University of Arizona. After visitors select the UAGuest network on their devices, they can establish UAGuest accounts by entering a username and phone number. The account will be valid for five days. After that time, visitors will need to establish a new account.

UAGuest is an **unsecured network**. Do not send private information such as credit card numbers over this network. UA students, faculty, and staff should use UAWiFi.

Request the Service:

Establishing An Account

- Select **UAGuest** from your wireless options.
- Open a web browser if one does not automatically open for you.
- The Welcome UAGuest webpage will appear.
- Click on **Create Account** at the bottom of the webpage.
- Enter your **name** and **cell phone number** (enter hyphens, e.g., XXX-XXX-XXXX).
- Enter 6 digit code.
- You will receive a text message containing your assigned username and password.
- Enter your **username** and **password** on the Welcome UAGuest webpage.
- Read the Acceptable Use Policy and click **Accept**.
- This login remains valid for 5 days.

SUPPORTERS

The Arizona Psychiatric Society would like to thank the following companies for their participation and support of the Opioid Essentials Workshop:



American Professional Agency, Inc.

PROGRAM NOTES