



STATE ADVOCACY UPDATE

Arizona Psychiatric Society Legislative Institute

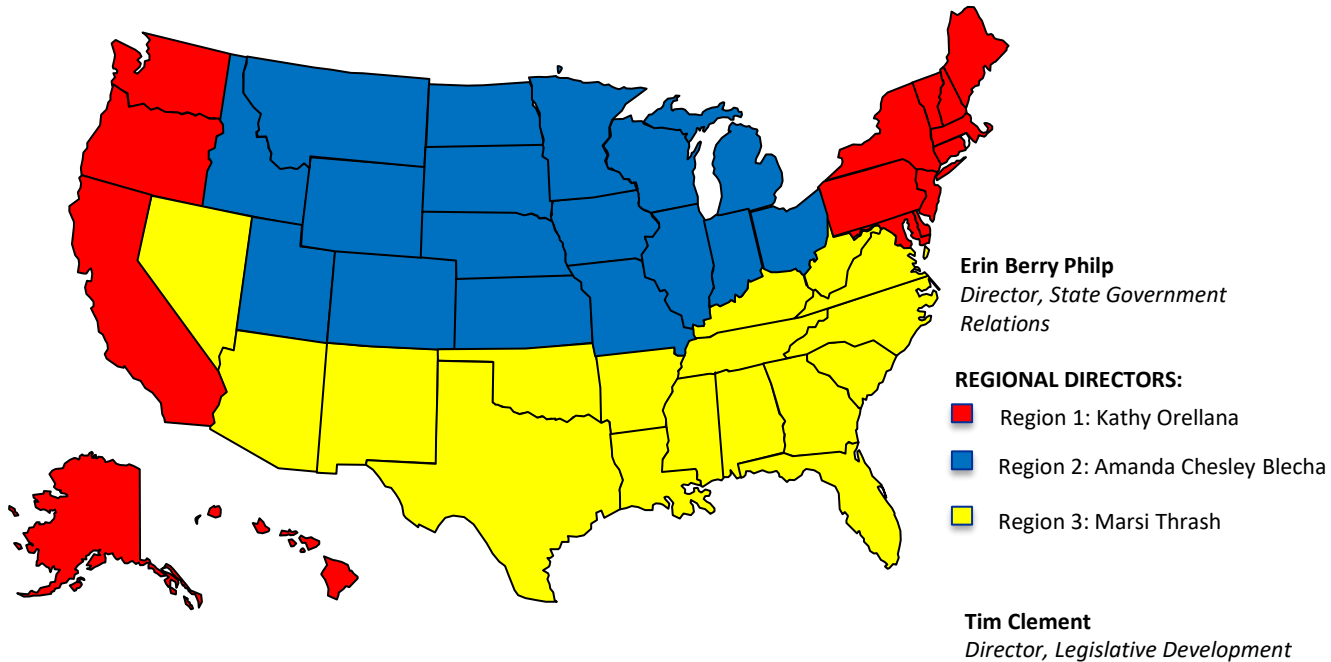
Marsi Thrash | April 15, 2023
Senior Regional Director | State Government Affairs

Who We Are

2023 Advocacy Priorities

Resources

APA STATE GOVERNMENT RELATIONS





- Alliance development and coalition participation
- Advocacy training
- Grassroots advocacy, “Calls to Action”
- Legislative / regulatory analysis and updates
- Advocacy-related strategic discussions
- APA position statements and resources
- 50-state reviews
- Draft or provide input on letters, talking points, testimony, or leave-behinds on mutual policy priorities (legislative and regulatory)
- Toolkits and advocacy tools

YOU ARE NEEDED!

Legislators need to hear
from psychiatrists now more
than ever.

- Access to care
- Patient Safety
- Health disparities
- 988 implementation



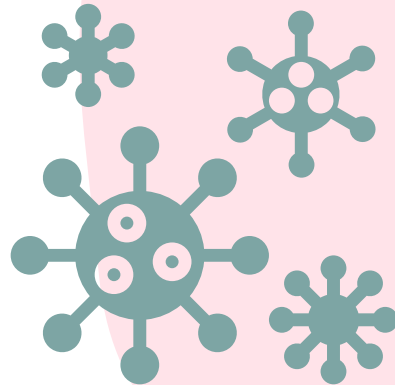
STATE LEGISLATIVE ISSUES

- Collaborative Care Model – APA Campaign
- Parity Enforcement – APA Campaign
- Prior Authorization – APA Campaign
- Telemedicine – APA Campaign
- Scope of Practice
- Access to Care
- Health Equity
- Criminalization of Medicine
- 988 Implementation
- Involuntary Commitment
- Appropriations
- And more



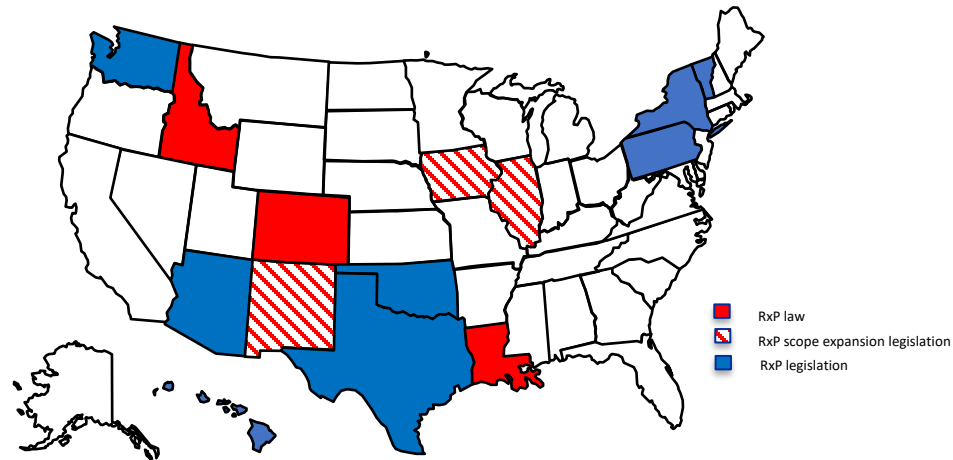


**NURSE PRACTITIONERS
PHYSICIAN ASSISTANTS
PSYCHOLOGIST PRESCRIBING
PHARMACISTS
NATUROPATHS
APRN COMPACT**



**A CRISIS STANDARD OF CARE
IS A SHIFT FROM PATIENT-CENTERED CARE.
THIS SHOULD NOT BE OUR "NEW NORMAL."**

PSYCHOLOGIST PRESCRIBING LEGISLATION



Should people who do NOT have a medical degree or a state license to practice medicine be allowed to prescribe patients powerful psychiatric medications that affect the entire body?

| | Total |
|--------------|-------|
| Yes | 11% |
| No | 78% |
| I don't know | 11% |

SAFE PRESCRIBING RESOURCES



**78% of Americans say
only medical doctors
should prescribe
psychiatric drugs**



From a survey of 1,011 U.S. adults by ENGINE INSIGHTS on Jan. 5-7, 2022.

SafeRxPrescribing.org

**Powerful psychiatric drugs
don't just affect the mind.**

They can also affect:



Heart



Kidneys



Liver

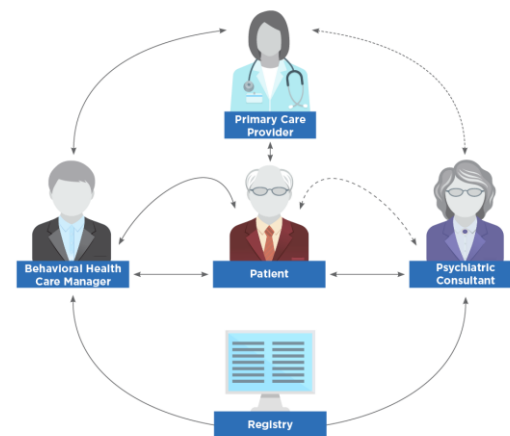


**Other
Organs**

**Only medically-trained professionals should be
allowed to prescribe psychiatric drugs.**

SafeRxPrescribing.org

- Over the past decade, **the integration of behavioral health and general medical services** has been shown to improve patient outcomes, increase access to mental health and substance use treatment, increase patient and provider satisfaction, save money, and reduce stigma.
- Significant research spanning three decades has identified one model – the Collaborative Care Model – in particular, as being effective and efficient in delivering integrated care.
- APA created legislation **to increase access** to mental healthcare by having **private insurers reimburse** Collaborative Care billing codes.





The Collaborative Care Model

EXPANDING ACCESS TO PSYCHIATRIC CARE

MAKING THE ECONOMIC CASE

Mental health conditions are common impacting **1 in 5 adults** in the US.



These conditions **impact performance, productivity, retention and more.**

Global rates of depression and anxiety are **rising at a rate of 15 to 20%** over the last decade.



Mental health conditions are costly, take depression, costing the US economy **\$210 billion annually.**

THE COLLABORATIVE CARE MODEL (CoCM)

Quality mental health treatment can be **difficult to access.**



When accessible and done right, mental health treatment **works.**

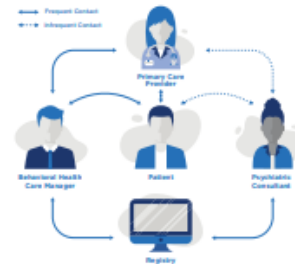
Yet, **1/2 of people** with depression go untreated.



Many people start with their PCP and do not connect to effective care for multiple reasons:

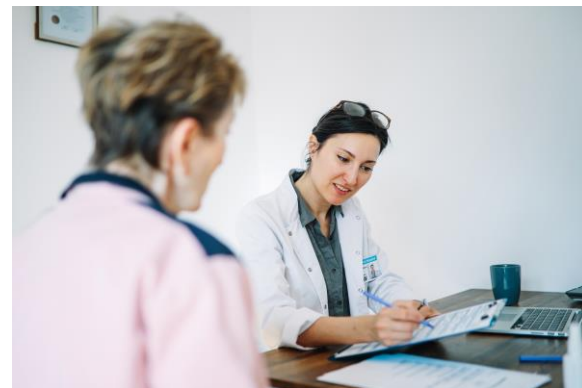
- PCP inadequate **knowledge and resources**
- **Shortage** of mental health providers or long wait lists
- Inadequate mental health provider **networks**
- **Stigma**
- Lack of **engagement** in treatment

The CoCM delivers effective mental health care in primary care with a care team led by the primary care provider (PCP), and including a behavioral health care manager and consulting psychiatrist.

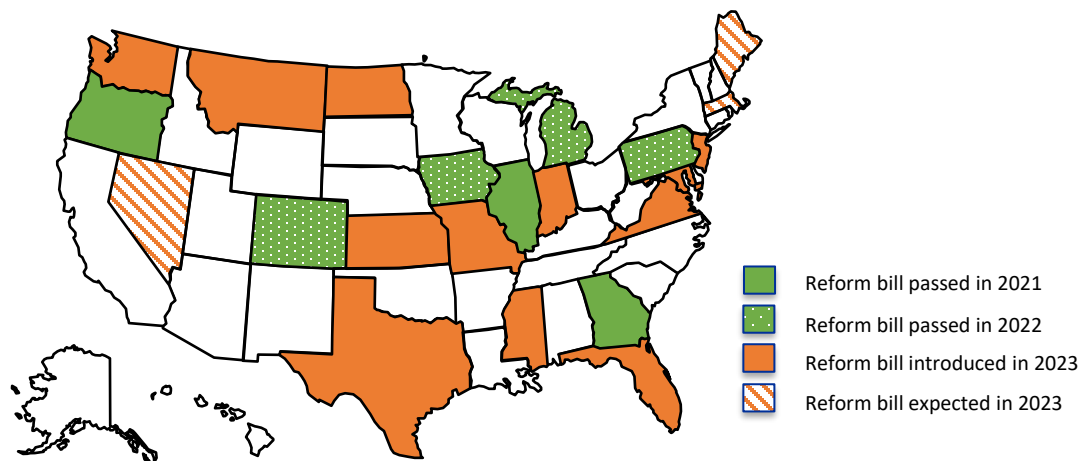




- Prohibits prior authorization in several instances, including generic prescriptions that are not controlled substances
- Any denial of coverage must be made by a physician in the same specialty as the prescriber or by a physician whose specialty focuses on the diagnosis and treatment of the condition for which the prescription was prescribed
- Limit retrospective review
- Timely responses
- "Gold card" language



2021-2023: STATE ACTION TO ADDRESS PRIOR AUTHORIZATION REFORM



**Crisis call
centers
staffed by
trained
mental health
professionals**

**Mobile crisis
response if
needed**

**Crisis
stabilization
and follow up**

Sign up for APA's Advocacy Newsletter to get:

- Monthly updates on the policies affecting your profession and patients, and
- Advocacy Alerts when your state or federal lawmakers need to hear from you.

Go to
psychiatry.org/AdvocacyNewsletter



- **APA STATE GOVERNMENT RELATIONS**
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